



Stephanie Lee Allensworth
Speaker • Author • Show Host

RELEASE NEGATIVE NARRATIVES

Stephanie works with people who want to discover their own power by releasing negative narratives and adversity that has been holding them back.

She shares her own story of abandonment, bullying and struggle to find her way through the noise and achieve levels she never dreamed possible.

BOOK STEPHANIE TODAY • 323-333-5493

AUTHOR

Stephanie is an author from Minneapolis Minnesota. Her stories are all based on true events involving the pets and animals she has raised over the years and also as observed in nature.

All through her life, animals and small children seem to gravitate towards Stephanie. Having no children of her own she is happy to bring a smile, a lesson and her passion for animals to the children of the world!



SPEAKER

As a speaker, Stephanie draws from personal experience to help others who are stuck in endless self sabotaging cycle of self-doubt, fear, and guilt. She inspires her audience to examine their own lives and release negativity that has been projected onto them and unknowing has been holding them back from the success they desire. Stephanie's talks will open the door to and release you from your psychic prisons!

Topic Titles

- Release Negative Narratives and Regain Your Personal Power
- Your Inner Dialogue – Unlock Your Potential for Success and Happiness

TV HOST

After years as a talent agent, Stephanie has created her own Television Series, "REAL PEOPLE" interviewing interesting and unique individuals with gifts and stories to share. The show airs on local cable in the Twin Cities and on the web.

TESTIMONIALS

Our speaking group has been enriched by Stephanie's warm and engaging presence, and we can count on Stephanie to entertain and amaze us with tales of life lived and obstacles overcome. She has reminded us to never make assumptions about someone's past, for how could someone survive such adversity yet pass through the knothole of opportunity and become a beautiful tree rather than a tumbleweed? — Dean Birkeland

I know Stephanie through Toastmasters where she is one of the outstanding members of our club. I get to listen to Stephanie talk on impromptu subjects weekly and Stephanie prepares and presents larger speeches every several months. Her speeches are entertaining engaging and often very inspirational. Stephanie also has a long list of high profile friends and that leads to many entertaining stories. I highly recommend Stephanie as a public speaker. — John Tantzen, SeaSpeakers Club VP of Education